According to the UN Food and Agriculture Organization, meat, egg, and dairy production accounts for about 14.5% of global greenhouse gas emissions, which, by some estimates, is greater than that of all the world’s transportation systems. Industrial animal farms destroy our land and pollute our groundwater, our oceans, and our air, and billions of animals are killed just to produce a destructive and unsustainable product.

Animals aren’t food—they feel pain and fear like us, and they don’t want to be hung upside down or their throats to be slit for your lunch. Order vegan instead! Chains like Taco Bell, Chipotle, Denny’s, Red Robin, Johnny Rockets, Carl’s Jr., and Blaze Pizza serve delicious vegan food, and you can also find tasty vegan meat products like Gardein, Beyond Meat, Boca, and lots more at your local grocery or health food store.

MEAT IS killing THE PLANET.